### Medicine Cabinets Safety Tips



- Always lock the cabinet that contains your medication
- Use child-resistant caps to increase the security of the medication bottle
- Place medication on high shelves
- Do not call medication candy
- Install a lockable medicine cabinet if your current cabinet doesn't have a locking mechanism
- Child proof locks can be installed in place of lockable cabinets

### Medicine Cabinet Checklist

- Medication bottles have child-resistant caps
- Cabinets containing medication are all located on the uppermost top shelf
- <sup>□</sup>Cabinets contain a lockable mechanism
- Medication is checked for expiration dates
- Expired medication are properly disposed
- $\hfill\square$  Watch for missing or unclear labels



If you have an poison related emergency call 911. For more information on poison control, call 1-800-222-1222.

3508 Magnolia Blvd. Burbank, CA 91505 T: 1.866.399.3020 W: http://www.DKandLfoundation.com E: safety@DKandLfoundation.com

For booking information, please call or email us.



### Safety Series

## **Medicine Cabinets**





Parents are always instructed on how to give their children medication, but one overseen topic is how to store your medication properly. There are a few keys steps every family household should follow in order to help reduce the chances of their child accidentally swallowing or overdosing on medication.

> Each day 165 young kids are seen in emergency rooms after getting into some medications.

In 2002, there were 33,000 fatalities and 8,000,000 injuries related to medication intake. Some of these medications are too strong for the young bodies of children to handle, so it is very important you always store and secure your medication properly.



Between 1979 and 2006, the percentage in deaths from medications has nearly doubled from 36% to 64%.

Children are intrigued by the different colored pills and these pills may resemble candy to them which makes it that much important to ensure we secure our prescription medication at all times.

We can take a few small steps to make a big difference in child proofing our meds. Take a look at some of these products on the next flap.

Poisoning deaths have been steadily increasing among 15- to 19 year-olds, largely due to prescription drug overdoses. According to other CDC research, appropriate prescribing, proper storage and disposal, discouraging medication sharing, and state-based prescription drug monitoring programs could reduce these deaths.

# 95% of the accidents due to ingestion of medication was unsupervised incidents.



### SAFETY PRODUCTS

These items were designed to help prevent accidents. They are not accident proof, but do help reduce the chances of your child getting hurt.

#### CABINET LATCHES



Cabinet latches offer a

simple solution to keeping your cabinets closed. Smaller children won't be able to unlatch the lock to get in.

### CHILD SAFE MEDICINE CAPS



Medication safety caps can help prevent your child from opening and taking the medication. Simple push down and twist techniques can help add protection.

Dylan Keith & Laurie Foundation does not endorse any particular product. Products in brochures are merely suggestions. Please conduct the proper research to ensure the products effectiveness and fits your child proofing needs.



In case your child has taken medication pills unsupervised, call the poison control hotline.

1-800-222-1222